

**A Prefiguration of Christ Jesus
in Psalm 31[30]:11-12[12-13] (Grail)**

In the face of all my foes
I am a reproach,
an object of scorn to my neighbours
and of fear to my friends.

Those who see me in the street
run far away from me.
I am like a dead man, forgotten in men's hearts,
like a thing thrown away.

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